

Embodying the Vibrational Ark

Christina Pivarnik: I always love to hear your names spoken, see your smiling faces, and welcome you all to our time together. Nine of us gathered together for several days last weekend in the sacred sanctuary of Larry and Joyce Krantz's home in Fort Collins, Colorado. We began last Friday evening, September 11th and concluded Monday morning, September 14th. I will begin our hour today, followed by Bill Bahan, Pamela Gray, and Larry Krantz. The other five who comprise our Tone of Life coordinators are Joyce Krantz, John Gray, Sanford Baran, Suzanne Core, and Linda Bahan.

It was, and is, a magical time of knowing the spiritual substance of our collective body. We have deepest appreciation for each of you, both on the screen now and for those who read this transcript at a later date. All of you were closely with us in our focus over the weekend. Thank you each one for the beautiful spirit you offer when we come together and all you bring to your individual worlds as well. As we reviewed the Tone of Life e-mail list and your names were read, a surge of love and appreciation surrounded each one of you. I want you to know that you are loved very much.

In our time together, we enjoyed substantial discussions, sharing attunement, cooking and eating delicious meals, enjoying many good laughs, and relishing what for many of us are decades-long friendships, spanning some 50-plus years. Amazing! Between our collective sessions, we went on walks together, had opportunities to share one-on-one conversations with each other, and thoroughly treasured our moments together in service to our Beloved. Such a privilege!

We women shared time together, and the men did the same, allowing the essences of femininity and masculinity to come to focus in and through us collectively. Quite beautiful and substantive. We then came back together and allowed that spiritual substance to coalesce and integrate into the greater whole of consciousness.

Linda Bahan is a genius in developing and creating meaningful ceremonies for us to participate in. Since many of our discussions had considered things happening on Earth, Linda offered a ceremony allowing us to take a larger view, encompassing the nine planets closest to the sun. We each represented a planet in this ceremony, honoring its core purpose and its relationship to the sun. Earth was one of the nine and the third closest to the sun.

I thought I'd also mention a few more of our considerations. We touched on the topic of AI, offering a spiritual surround for this new technology and its unprecedented potential for humanity. We listened to Uranda's service entitled, "The Spectacle of the Helpless God," from June 6, 1953, and shared attunement with one another while listening, letting our substance shimmer in the silence of spirit. We also viewed a portion of Martin Exeter's service entitled, "The Vibrational Ark," from August 16, 1987. For me, this was central to the focus of our weekend. The message is timeless. Here's a short excerpt:

“There is an ark, a vibrational ark, taking form, generated because there are those who have been drawn together by spirit to participate in the process. The process involves changes occurring in one's own human nature, and as those changes occur, vibrational substance is generated. And that vibrational substance accommodates the design in spirit.”

A little later, Martin said, “People are beginning to see that this planet is shot. It is not going to be able to support human beings, in the way they are accustomed to, anymore. At least that point is in the offing, not very far away. One could compare that to the Flood, I suppose: no place of safety, except in the ark. Of course, that's an analogy. But this is the reality now. This is the ark now, which is being generated, or the substance for it is being generated, that the design of it may appear. We find ourselves in certain relationships because of that, because of the vibrational design, not because of physical form. If we cling to physical form, we will find that we pass away. If we are at home in the vibrational ark, that does not pass away.” And he concluded with, “We share this opportunity in this moment to be together in the sanctuary which we ourselves bring, where this vibrational substance is present and spirit reigns supreme.”

Here is the core spiritual substance that guided our time together and continues right now, in this moment with all of you. As we let the reality of this vibrational ark (and we don't mean a boat!), the ark of the covenant, we let it be known together.

Another great joy we shared together was the privilege of spending some time with Alan and Jean Hammond via Zoom. We each had a short conversation directly with the two of them, sharing our hearts and honoring what they have continued to provide spiritually for so many years, including the initiation of the Tone of Life years back. I can assure you, their love is vibrantly present with each of us today. We are deeply thankful for what they continue to hold vibrationally and for our ongoing communion in spirit. It was a gift beyond measure to be able to be with them.

We are the Body of the Lord God on earth. What a privilege and what a sacred responsibility we share in this! We are light. We are love. We are conscious Creator-Beings having a human experience, as Chris Jorgensen often says, living and breathing in this spiritual substance of the vibrational ark. We're here as stewards of the earth, offering clarity and love in our daily lives, letting His radiance have free rein to bless each one we're with. We are the light, sharing the substance of the vibrational ark—living in attunement—with each one in our worlds and those we meet along the way.

Throughout our weekend together, we were blessed with three services, one from Uranda, two from Martin. Bill selected the ones from Martin for us to consider, “The Vibrational Ark,” which I read earlier and “Look Up.” I'd like to invite him to share his thoughts and experiences now.

Bill Bahan: Thank you, Christina. It's a pleasure to be with all of you today. It was wonderful to spend that time last weekend with the nine of us gathered at Larry and Joyce's beautiful home in Fort Collins, Colorado. As Christina described so well, we considered a variety of topics from a heavenly perspective, but most importantly, it was a special time of communion amongst friends and an opportunity to affirm the spiritual responsibility that we carry in a collective sense with all of you and many others. When Joyce read aloud the names of all of those on the Tone of Life mailing list during our gathering, we were very aware of the unique and essential expression of spirit that each one brings. It takes all of us to create the vibrational ark that Christina was speaking about. There is a natural and easy friendship amongst all who are letting their light shine. Christina mentioned that we shared a service of Uranda's and excerpts from two services by Martin during our time together that set the perfect tone for each day. At the end of our final session last Sunday evening, we shared an excerpt from a service of Martin's titled, "Look Up" that was given on February 20, 1972. I would like to share a portion of this service with you now.

"We may, if we will, find identity with cause. In so doing we begin to have a perspective viewpoint. We stand still in the present moment but we may behold what it is that is occurring. Our vision sees, first of all, the effects around us, but then we begin to see beyond the effects to the intensification of the power and dominion of God on earth in the human population. We begin to see how this cleanses the earth of the self-centered state. In doing so, undoubtedly it cleanses the earth of a lot of human forms; nevertheless some flesh remains 'for the elect's sake.'"

"The elect are those who find their identity in the cause rather than in the effects, so that there is something stable, unshatterable, on earth. This is not unshatterable in the external sense but in the internal sense, in heaven. The elect are finally gathered, you may recall, according to the record, from one end of the heaven to the other. This is heaven on earth, the invisible experience on earth where the concern is not with the effects, where the concern is solely with the cause. The cause, being the cosmic cycles of creation emerging out of God, produces the right effects."

There's a tremendous amount of wisdom and vision contained in this brief excerpt. We know exactly what it means to let our identity shift from identification with the world of effects to identification in true cause, in the spirit of God, in the reality of our own being. In order for this shift to occur, we had to first come in contact with someone who was already identified with true cause, with the reality of their own being, and who could provide a stable point of orientation for us. The words spoken by Uranda and Martin and others over the years have been a godsend for us along the way.

The shift in identity that needed to take place within ourselves was certainly not accomplished in one day. We had to move through specific cycles of changing consciousness as we stayed oriented to the one or the ones who were providing us with spiritual orientation. We've used a series of words to describe

this process. First, there was radiation; then our experience of response, attraction, union, and finally, the experience of unified radiation with others who allow this shift in identity to take place in themselves. The initial radiation was the true expression of spirit, the sounding of the tone, and the living example by the ones who provided us with the spiritual orientation that was needed to set the cycles of change in motion within ourselves. As long as our response to the radiation was strong and consistent, we kept moving through the cycle of attraction towards the point of union.

The word “union” indicates that the shift has been made from identification with the world of effects to identification in true cause, in the truth of our own being. We've often referred to this as being at the crossover point. This is the place in consciousness where one becomes aware of the oneness of heaven and earth. This is the experience of being in attunement. As we know, it is through the purification of the heart that this shift in identification occurs. All that does not belong in our hearts is dissolved and this realm becomes a sea of glass, clear as crystal, so that the radiation of our own true being shines through. Once the experience of union has taken place in a number of individuals then together we are in position to offer unified radiation to our world. This is what we're doing now as a group of individuals. Here is the vibrational ark. It relates to the generation of the fine spiritual substance that permits the radiation of spirit to be offered through us into the world.

We know that there are many radiant souls in the body of mankind, and we have the pleasure of interacting with some of them on a daily basis. They are each playing their part in letting the radiance of spirit shine into this world. Together we are sounding a vibratory tone in the world that encourages others to find a greater alignment with the spirit of God. It makes sense that a vibrational ark provides a vibrational tone. We see the intensification of spirit in these days, and many people who are preoccupied with the world of effects, but there are also those who are hearing the vibrational invitation to rise up.

I'm so delighted to participate in the continual creation of the vibrational ark and the sounding of the tone with all of you. There is the saying, “To whom much is given, much is required.”

Pamela Gray: Thank you so much, Bill and Christina. These are joyous, illustrious days of birthing spiritual expression into the world! This is what we're doing in these gatherings and the many other gatherings that we participate in. The current is focused by presenters, but the power wattage that is birthed is our collective radiation. It takes us all. Even through the blue screen, I see and feel your light. The external light that glows through our eyes, our words, our auras, gives evidence of the fire that burns within, first and foremost for our beloved creator. Then naturally we see one another in the pure light of love. We see in others the Beloved within. This is what these finishing days are all about. Meanwhile, people are concerned about getting their earthly affairs in order while fearing the demise and disasters occurring throughout the world. The impermanence of earthly things is finally being faced.

Recently, before upgrading our old cell phones, I kept getting a message saying that my iCloud storage was nearly full and that I needed to buy more. I decided to take the matter in my own hands and just delete some content. In so doing, I got a little too zealous. When I saw all this space that was now being freed up I wanted to free up more. I continued to delete. In the application icon called Notes I had stored many important things, recipes, inspirational quotes, passwords, and thoughts I had, inspired by my meditations on solitary walks. In the blink of an eye, it was all gone.

Well, in giving this occurrence pause, I was thinking that it's a good metaphor for the impermanence of all earthly things. Because what's here and now in this moment is the true cloud of inspiration. The glorious cloud from which rains the word of life, the word of God. Speaking the word, as we all do, fills the heaven of the earth with living permanent substance in which the state of self-centeredness, achievements, wars, and even open AI going rogue can't be sustained. The former things of the old earth are phasing away.

So, getting one's earthly affairs in order may be practical, of course, but more importantly, our house of being must be clear of any troubled waters, be it with another or with opinions about politics, judgments, whatever it is, it all needs to clear. These impediments could very well affect the nations of the world and beyond. Our realm of spiritual encompassment is vast.

I'm reminded of a poem by William Wordsworth entitled, "The Arrow." It goes, "I shot an arrow in the air./ It fell to earth/ I know not where./ Long, long afterward in an oak/ I found the arrow still unbroke."

This points to careless deeds, actions, or unkind words that fly about the atmosphere. Over time they are found to still live in the hearts of others. Pain in people or nations can be dissolved, seemingly in the blink of an eye, by the melting power of the spirit of love. Our realms of spiritual encompassment are vast. In the news this past weekend, Canada and the European Union are reportedly working toward establishing an unprecedented associate member status, to deepen their Transatlantic alliance. Oh, how wondrous is the perspective viewpoint from above. The spirit moves through people whose hearts are open, even heads of nations who can view things from a larger and more inclusive perspective.

It is in this richly generated spirit substance that many people the world over are caused to look up. They may feel lifted up in this pneumaplastic, connective field created by Creator-Beings like ourselves and others. There's much talk of time quickening, speeding up, and that's true in a vibrational sense, it is. Things are having their effects positively and divinely on one hand and "be with me where I am," the Lord invited, and this is our wide-open invitation as well.

Larry Krantz: As was mentioned, the coordinators considered many topics; we were really working with vibratory currents, as we are now, in attunement. Our job is to cleanse hearts and minds of

what does not belong, what is spiritually unclean. As we do that, we reside in a holy place, which is an extension of our consciousnesses; it is the way divine presence emerges into this world. Our recent Coordinators' Gathering was a microcosm of awakened ones communing together in heaven on earth. That expands to include all of us today, and many others.

After our gathering, Bill and Linda flew east to Georgia, while John and Pamela flew west to California. Planes fly in a jet stream which goes from west to east at more than 100 miles an hour. It is a lot easier to have a tailwind behind a plane than fly into a headwind. So it is with our lives. There is a natural flow of spirit, an unseen but mighty current. If we are aligned with that flow, we have the wind at our backs and things open up before us. If we revert to self-centeredness and focus on externals, become upset or angry or judgmental, we go against that natural flow of spirit and the way becomes difficult. Those who are lost in tangled side excursions often miss many creative opportunities and find the going tough and uncertain.

Life knows what it is doing. Vibratory impulses, originating from source, move everywhere at once, so all parts of the universe—including us—work in concert. The cosmos is a living expression of love. This intelligence brings people together for creative purposes. Even seemingly mundane encounters may serve a larger purpose, which our tiny human intellects cannot comprehend. A person may think he is doing something for one reason, while there is another, larger purpose at play, that only becomes apparent later on. As long as we are not pushed around by the fickle world of effects, the way is easy.

I recall, some year ago, picking up a new car over the lunch hour and parking it behind the clinic. The person who had parked next to my car needed to leave mid-afternoon. She turned the steering wheel too soon and left a gash in my new automobile all down the side. This was a good test of whether I was focused in cause or the world of effects. I was more concerned with the staff member than the car, which was fixed easily enough. Our days are full of opportunities to lift our experience above the world of effects and see and act with transcendent vision.

The world of effects includes our own bodies, which may present challenges to us. From a place of clear spiritual understanding, we can handle whatever comes our way with grace and wisdom. We are not our bodies; we reside in cause. These human forms are only temporary housing for us.

Working together in conscious agreement is joyful and fulfilling. You feel a buzz of resonance with others, a sense of oneness, of longtime friendships that always were, that always are. We remember our shared purpose, and thus make a living template for all of humankind, demonstrating how to live now in the world exactly as it is. This is how we fulfill purposes too long forgotten for our planetary home and beyond.

We, as humans, are the means of life's unfolding journey on earth, under the guiding hand of our Lord and King. We are part of a cosmic team that has a focus in human awareness.

Some people do not want to awaken. Let them slumber and sleep. They are lost in an imaginary world ruled by effects. We know better, for we are aligned with cause and live in the flow of spirit. Our concern is not with what is disintegrating, but with what is integrating. Self-centeredness will consume itself. Leave it alone. There needs to be a sorting-out process and people must see that actions have consequences

The world is a very noisy place, filled with demands and problems, tangles of twisted puzzles—all screaming for attention. When the focus is in externals, there is no rest, only fear and anxiety. Only when consciousness ascends above the fray, may a person know stillness and ease and hear the voice within, abiding in the place of sacredness and peace. In the clear heaven above the world of form, all is well.

Life knows what it is doing. No need to figure it all out—not that we could anyway. And, we don't need a preview so we can decide if we like what is to come or not. Just move in the flow of life; be grateful and of good cheer. Simply be ourselves, our divine Selves, and together we'll see what happens.

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Pre-Service Music

1. A Ceremony of Carols, Op. 28: I. Procession

Composed by Benjamin Britten and performed by the Etherea Vocal Ensemble

2. Come Ye Sons of Art, Z. 323: Sound the Trumpet

Composed by George F Handel & performed by Alison Balsom and The English Concert

3. Hymne à la nuit

Composed by Jean-Philippe Rameau and performed by the Salaputia Brass Quintet

4. Sing Gently

Composed by Eric Whitacre and performed by VOCES8

Concluding Music

Within Without You

Ruth Moody