

MORNING HAS BROKEN

Sanford Baran: I'd like to provide some context around the last piece of pre-service music, *Goin' Home*, beautifully performed by the South London boys' choral ensemble *Libera*. The famous melody comes from the second movement of Antonin Dvorak's New World Symphony. William Arms Fisher, one of Dvorak's students at the National Conservatory, wrote the lyrics in 1922, nearly three decades after the symphony premiered at Carnegie Hall.

<https://toneoflife.org/recordings/Libera-Going-Home.mp4>

Beyond being an absolutely heavenly piece of music, I was inspired to play this today for another reason. Last Sunday, my wife Linda and I visited our dear friend Chris Foster at his home in Denver. Many of you likely know Chris, but for those who don't, he's a 93-year-old British-born author and poet who has written ten books and maintains the *Happy Seeker* blog on Facebook. His work draws from his rich and very substantial life experiences. Running through all his writings and poetry is a beautiful thread: the simple expression of joy, even amid life's adversities, which he has certainly known. In Chris's recent words: "I can truthfully say I am happier now than I have ever been, despite experiencing both aging and cancer."

Chris is now in hospice, and while his physical strength has diminished, his spirit remains strong, vibrant, and clear. His expression is one of pure spirit—uncluttered, unworried, radiant, and wise.

With him that morning was Joyce, his close companion and fellow resident of their retirement community. The four of us had this delightful time together, enjoying each other's company and appreciating the friendship we were sharing. We reflected on the nature of our being here—that we are much more than just our outer capacities. Somewhere in this conversation, Joyce mentioned a song she knew as a young woman that captured this notion of something more, something beyond it all, of home. The song was *Goin' Home*.

I said I knew it and asked if it went like this. (I sang a few lines.) Joyce excitedly started singing along, Linda found the song on iTunes, and soon all four of us were singing *Goin' Home* together. You can't imagine how moving this was—so powerful, so tender, so joyous.

When it was time for Linda and me to leave, we felt deep thankfulness for what we all had shared. And we realized there was no need for permanent goodbyes, just a lingering appreciation for living life to the fullest as true friends in the present moment. It couldn't have been more perfect.

Chris Jorgensen: Thank you, Sanford, for what you said about our dear friend, Chris Foster. Through the years he inspired many with his creative poetry and writings. I first met Chris in 1977. I recall a line from one of his poems, *Bearers of the Sun*, that has stayed with me over the years: “We are a company of creators with fire in our nostrils.” So true!

Let’s share Attunement. Start with sharing Attunement with your own life-pattern, the human form you built and maintain. (Attunement time) Great, thank you. Now, let’s move to another level of Attunement and share our collective radiation with the life-pattern of the planet. There are multiple ways to accomplish this: Hold the life-pattern in your hands, one hand at the north pole and the other at the south pole, or consciously extend your Attunement hands around the equator, and your love to the living planet body. Our planetary home is a living body, like our own individual human body. (Attunement time) Perfect, thank you. Let’s release our Attunement.

Inasmuch as we are here and together, I propose we offer a specific time of unified radiation into an area that I know needs balance and some loving surround. It is called the South Atlantic Anomaly and it is an anomaly, a weak area, in the Earth’s magnetic field. It is quite large. You can find it just off the east coast of South America in the Atlantic Ocean. The Anomaly drifts, and at times is over the lower end of South America and somewhat into the Pacific Ocean and then returns to its usual spot in the Atlantic. I perceive the Anomaly to be similar to a weak area in an individual’s pneumaplastic body. So, let’s share Attunement, our unified radiation, with this part of the planet. You can hold the area of the Anomaly in one hand and radiate into it with your other hand. Or you can hold that area between your hands and consciously extend your loving radiation. (Attunement time) Great. Thank you one and all.

I wish to mention too that there is an International Planetary Attunement Team (IPAT) of 24 members that share Attunement with the planet each day. John Murphy creates a bi-weekly update for the team so that each member has some direction and awareness of planetary items that need our Attunement radiation. By the way, this update is also located on the IPAT page on the IAAP (attunementpractitioners.org) website. You can visit any time to see the list of planetary items the team is handling and, if perchance you wish, to do a little planetary Attunement work yourself.

This morning I wish to speak about change—a paradigm change, a major shift in consciousness. I assume that everyone here is spiritually conscious. There may be varied degrees of consciousness, yet we are all aware and are able to say I am a Creator-Being

living in a human form. We arrived at this point of consciousness through the working of the One Law. It has taken years of living experiences, encouraging our human makeup, especially our mind with its personality and our, at times, troubled feeling realm, to come into alignment with the Creator-Being who I am. It is discovered that I am the one who's been guiding my human form through various experiences so that the form could awaken and reveal me in this dimension. In the Attunement world, I speak of this as living at the crossover point.

Below the crossover point, you always need some kind of organization to participate in to know yourself. You need something to read, something to hear about from someone else in order to participate in the overall spiritual flow. Coming to the crossover point in consciousness, you stand alone in yourself, in your own radiance, in your own divine consciousness. It is actually a remarkable feat that has transpired. In all of human history, when the great bright lights appeared and initiated a change of consciousness—Brahma, Buddha, Jesus, Martin and Uranda—they never shared the full experience of moving with a collective grouping into a consciousness that revealed I am a Creator having a human experience. Yet, here we are today.

The description of the ascension process that brought about the emergence of divine consciousness in each of us came from Uranda. He called it the One Law: radiation, response, attraction, union. There were many ego traps and side adventures that the human side of us could get involved in through this process. However, we made it all the way through, and the experience of union is with the One who I am.

And so the question now is, what's next? The first realization is that the ascension process is still in motion. The next step in our understanding of the working of the law is unified radiation, right? Earlier we shared a few minutes of unified Attunement radiation together. How does the rest of the One Law work as I am living at and above the crossover point? Unified Response? Unified Attraction? Culminating in Union with what?

So, how do we describe the One Law above the crossover point? Here are my words. Unified radiation—working as a group of Creator-Beings in shared radiation. Rather than response to that, I call it *resonance*—whatever is in my creative field that will resonate and come to be in my vibration, frequency and stewardship. Rather than Attraction, it's Blending, Fusion—letting my Creator-Being consciousness blend and fuse into the greater One Creator-Being consciousness, the One consciousness that governs the planet. Thus,

Union is in the Lord God, the Archangelic consciousness and the assumption of the role of steward for the vibration and life energy of the planet.

In the story of creation, it is said that God created the Earth in six days, including creating male and female in His image and likeness. Then God rested on the seventh creative day. After the seventh creative day the reference to God changed, shifting to the Lord God. The emergence and the continued ascension of our awareness and consciousness is leading us to the Lord God, or Archangelic, consciousness.

“These are the generations of the heavens and of the earth when they were created, in the day that the Lord God made the earth and the heavens.” (Gen 2:4) Note that in that Bible quote there is the mention of “heavens” and the earth. What might this mean for each of us? We live in Attunement, live in divine consciousness, generating the pneumaplasmic heavens. If we are living in this manner, being a Creator, this will be reflected in the world around us. I will mention a few things that I am seeing and experiencing, and with my friends and others, in our generation of the heavens.

One is that I am finding myself not as interested in or as likely to be involved in the physical, mental, and emotional patterns in the human world as before. Yes, I am aware that my body is aging and slowing down physically but it is more than that. I find myself stepping back from what is below the crossover point at all the levels. The physically challenging world with its demanding mental and emotional energies is not so directly in my face and heart as it once was in the past. Some Attunement friends have spoken of this as a surreal experience.

A second is that I am finding myself to be way, way more sensitive. It is much easier today to connect to any vibrational pattern, and with more wisdom to know and understand what the energetic factors are in my personal creative field. This process is sharpening and deepening my perceptive skills. It is becoming easier to see an overview of the patterns and processes of Life and how they are unfolding in my life and other people's lives.

Several members of IPAT are having experiences similar to mine. They are beginning to have perceptions and sensings relative to the planet's energies and vibrations beyond the physical dynamics of the volcanoes, earthquakes, chaotic weather and more transpiring daily on the planet. As the Lord God level of consciousness emerges again in us, we are able to look at the planet, see the patterns, understand the patterns, and to perceive how the Attunement radiation can be helpful to bring balance. All of this makes me acutely

aware of the necessity for strong boundaries: clearing one's physical and energetic dimensions each evening. And, our home setting must carry a heavenly vibration!

Third, there is more fire and intensity in the radiation, especially in sharing Attunement. A few people have told me that my hands are fiery hot in an Attunement even though I feel they remain cool. Other Attunement practitioners are saying similar things about their Attunement experience. The increase in intensity of current is more than just something transpiring in me. It is a reflection of Unified Radiation, a collective action and the emergence of planetary awareness.

Fourth, there is an expanding awareness of the planetary creative field that is our divine birthright to steward. This new level of awareness, serving a larger co-creative purpose and function with other Creator-Beings, emerges through radiant daily living. Divine function and purpose have been absent in humanity for a long time. Thus, in this increasing clarity of consciousness, I am not looking for or seeking anything outside myself and my radiation in order to know purpose, function and fulfillment. Below the crossover point, humanity is eating the earth. It is not just food, it is everything on the planet—water, air and earth. The process of consuming Planet Earth will be the demise of humanity.

So, what does it mean to live in a collective Creator-Being consciousness? What is the new “Let us make Man in our Image and Likeness” form? Here are some areas that are starting to appear to me:

- a) There is less dependence on the human ego personality in expression.
- b) There is less reliance on human history, sacred books and all for validation.
- c) Looking less to the planet for everything: food, shelter, water, fuel.
- d) An opening to more completely understand the incarnation process including previous life-pattern forms that we have created.
- e) A fuller realization of our divine relationships Creator-Being to Creator-Being. Understanding that we are part of the same group of Creator-Beings who have incarnated together down through human history.
- f) Realizing that every structure of creation below the crossover point is changing. The frequency that is forming the new creation HAS changed (Cymatics/Schumann Resonance) and is being reflected in the land/ocean ratio, the color and temperature of water, weather systems, and more.

g) Our planet has been isolated in the Solar System and as you and I play our parts in the ascension of consciousness, that isolation is going to be finished. Then a more accurate view (science and otherwise) of the Universe is and will be available.

Humanity has been living in an animal vibration for many thousands of years—fighting, killing, and acting like an animal in their living. This is changing because there is a new level of consciousness coming through you and through me in our Attunement with the world. It is the working of the One Law, a perfect process.

John Gray: Brilliant! Simply brilliant. As Chris suggested, we share some understanding that the body-forms of human beings as originally created became separated in awareness from the Creator-Beings who formed them. This condition of separation remains a sad fact for nearly all human beings. Our physical bodies today are much denser than the true design, but are nevertheless holy because God-Beings inhabit and animate them. Throughout human history since the time of that long-ago fall in consciousness, the overarching purpose of life has been to re-create divine man and divine woman on earth.

The several grand restoration missions we know of each had starting points, necessarily so, and we may be familiar with three such individual initiations, including the one of this current era. This era began almost a century ago with Uranda, as Chris mentioned, and his profound realizations. Previous to this time, we recognize the incarnation of the Lord of Lords as the man, Jesus—a point of powerful initiation over 2000 years ago—but today I want to draw new attention to an earlier appearance of that same Great Being in visible form. In the biblical Old Testament he is called Melchizedek.

In religious lore, record of this personage is shrouded in mystery. This is no wonder, since he is described in the Bible as, “Without father, without mother, without descent, having neither beginning of days, nor end of life; but made like unto the Son of God...” (Heb. 7:3)

The name, Melchizedek, is of Hebrew origin. It is a compound word, meaning "King of Righteousness." In the context of the story of the great leader, Abraham, in the book of Genesis, Melchizedek is referred to as “the king of Salem (*peace*) and priest of God Most High,” and that he “brought forth bread and wine” (symbols of life) to bless Abram and initiate his awakening to his divine commission. (Gen.14:18-20) His manifest body form composed far more of pneumaplasm than denser matter, Melchizedek came to Abram and Abram openly received him. After his blessing by Melchizedek, Abram’s name, meaning

“exalted father,” changed to Abraham, “father of a multitude.” From this singular, extraordinary beginning began unfolding an extensive process intended to, over time, succeed in restoring humanity to divine identity. That it eventually did not fulfill this great purpose many years later does not in any way lessen nor negate the transcendent significance of its initiation by the Lord of Lords Himself.

Earlier in Genesis is this well-known and oft-quoted—most recently by Chris—description of the original creation of man:

“And God said, Let us make man in our image, after our likeness: and let them have dominion... over all the earth... So God created man in his own image, in the image of God created he him; male and female created he them.” (Gen 1:26-27)

The word “God” in these verses is a translation of the Hebrew term *Elohim*, a plural proper noun, hence, “Let *us*...” As Creator-Beings, we were and are associate members of that *us*. We are also among the cosmic company who even earlier said, “Let there be light” to initiate, cause, and oversee the creation of the living Planet Earth in its original form.

The same principles and essences of the creative process that brought about the appearance of the Earth and of all living forms on it and in it, including divine man, are operative in the re-creative process for which we and many more share responsibility in common today. The appearance of Melchizedek was according to the same principles. It was a re-focalization by a single divine being of “Let us make man in our image, after our likeness”—in his case, that individual projected point of God-Presence re-established divine man on earth. This individual accomplishment was established again when the Lord Most High incarnated anew as Jesus, although on that occasion it was, I believe, far more impressive given that Jesus was born of human parents. He lifted his entire personal human state into oneness with God and opened the way for all to do likewise.

Here we are today with varying degrees of understanding that our spiritual mission and purpose are essentially the same as that of these supreme examples.

Let’s look at things in terms of the One Law, which Chris spoke of. The life of Jesus perfectly modeled the stages of the fulfillment of the Law. First, he recognized the presence of divine radiation within himself, even at age twelve: “Wist ye not that I must be about my Father’s business?” (Luke 2:49) There is hardly anything in the biblical story about his years of deepening response, his gradual maturing and coming into his own. But, in season, came complete, experienced union with the Father and the beginning of his outer ministry. This began with what evidently seemed to those around as a miracle, described as turning water

(abstract truth) into wine (life expression). “I and the Father are one,” he said and demonstrated. (John 10:30) Unified radiation!

Melchizedek, appearing in the world as a direct manifestation of God without birth or death, began his coming into form with unified radiation, drawing responsive rarified substance upward from the dimensional to clothe the design of his Being. I perceive this transcendent process as the One Law in operation, but in a “top-down” order: First, unified radiation drawing substance into union through which the irresistible attraction of love commanded response and revealed radiance. Among what responded to his manifest presence evidently included the heart and mind of Abraham.

These individual precedents established a pattern for the manifestation in collective humankind of the spirit of this same Supreme One. The way has been shown; how it is accomplished is up to us, each one.

A predominant experience for a lot of us over many years was, and maybe still is, identification in the responsive ascending process. We’ve been among those who have been gathered and drawn upward toward the Lord God. However, the time comes, and the time is nigh if not now, when attraction culminates in union and we truly know ourselves as Creator-Beings in human form. With this profound shift in identity also comes a shift in function and responsibility. This is not to say that we are no longer yielded to what is higher and greater, but it *is* to say that we merge in oneness with the divine all-that-is. We are now, once again and at last, in position to issue the creative command, “Let us make man in our image, after our likeness.” At the crossover point and beyond, identity is in cause, not effect.

Psalms 110:4 reads, “The Lord has sworn and will not change his mind, ‘You are a priest forever, after the order of Melchizedek.’” We and innumerable others are *generating* the body of Melchizedek on a planetary scale. It is vital that we see that this is what’s happening, and more important yet to know that we are key participants in *why* it is happening.

Chris Jorgensen: In the ascension process of collective consciousness currently underway I am becoming more aware, as you are likewise, that who I am is complete in one’s Self. The masculine and feminine consciousness and the associated vibration and energies are both contained in who I am. Each Creator-Being could be seen in a sense as androgynous; that who I am is capable of exhibiting the characteristics of both masculine

consciousness and feminine consciousness not only in the heavens but also when working below the crossover point in the planet.

In a recent IAAP zoom call, featuring a consideration of the spiritual feminine energies and consciousness through a roundtable with six women, a significant vibrational shift in the overall pattern of collective awakening occurred. The Attunement time coordinated by these women brought a more intense experience of shared radiation, and through their feminine substance an enhanced connection to the level of the Lord God Consciousness.

Masculine consciousness and energy are able to extend a current of radiation that will hold a bubble of creation in sacredness and safety. It is this conscious radiation that can penetrate into the unformed to initiate creative action. Feminine consciousness and energies bring a means of connection and expansion in that bubble of creation through the detail and nuances of Love's radiation. This is so for each Creator-Being and their creative field, and also for the collective one field of the planet.

I will share an example of these aspects of consciousness and energies working together. I participated many times in shared radiation with Roger deWinton, helping to hold and penetrate into an area of concern or need. One experience was holding with Roger an intense life-pattern in a distant land for over 12 hours. From time to time Dorothy, Roger's wife, would join us in the Attunement. Dorothy was brilliant in how she could connect into a pattern, bring an expansion of understanding and detail as well as discernment through her sensitivity and wisdom of what was needed to help balance the life-pattern. They were a great team, an inspiring example for me. Today I feel we are in a similar place where we can offer a complete Attunement through ourselves and from time-to-time work with others to provide the balancing radiation.

It is important to understand that we have within us all that is required to do the job and to play our part in the restoration of consciousness so the planet may return to balance and serve its purpose and function in the larger whole, the solar system and galaxy. The function and purpose of the planet has not been something humanity has given much thought to; yet we are to do this very thing because I am a Creator-Being present in human form.

John Gray: As you were speaking, Chris, some words of a song known to quite a few of us came to mind:

The mystery of God is finished on earth.

Come and behold Him—and Her!

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Pre-Service Music

1. Birthday Dedications, Op. 20

Composed by Valentin Silvestrov and performed by Alexei Lubimov

2. Hymn Prelude On Rhosymedre

Composed by Ralph Vaughan Williams and performed by Todd Wilson

3. Goin' Home

Music by Antonin Dvorak, lyrics by William Arms Fisher performed by Libera

<https://toneoflife.org/recordings/Libera-Going-Home.mp4>

Concluding Music

Morning Has Broken

Traditional Christian hymn performed by Cat Stevens

<https://toneoflife.org/recordings/Morning-Has-Broken-v4.mp4>